

REC TRADITIONAL Division

Program Requirements:

- The program must be affiliated with, report to, and be governed by an organization such as; YMCA, Boys and Girls Club, City/County Parks and Recreational Program, American Youth Cheer, Pop Warner Association, or other community run program not associated with All Star.
- Each team must cheer for a sport during the 2023-2024 cheer season.
- Athletes MAY NOT cross from a Traditional Rec Cheer team to Performance Rec Cheer team.

Routine Requirements:

- Routines **MAY** include a Cheer/Music combination.
- Routine Max: 2:30 minutes
- No tosses allowed.
- Will follow USASF All Star Prep Cheer Rules

REC TRADITIONAL Divisions			
Division	Birth Year	Ages	# of Participants & Gender
LEVEL 1			
TINY (6U)	2016 and Later	6 years and younger	5-36 members, Female/Male
MINI (8U)	2014 and Later	8 years and younger	5-36 members, Female/Male
PEE WEE (10U)	2012 and Later	10 years and younger	5-36 members, Female/Male
YOUTH (12U)	2010 and Later	12 years and younger	5-36 members, Female/Male
JUNIOR (14U)	2008 and Later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	6/01/04 and later	18 years and younger	5-36 members, Female/Male
LEVEL 2.1			
MINI (8U)	2014 and Later	8 years and younger	5-36 members, Female/Male
PEE WEE (10U)	2012 and Later	10 years and younger	5-36 members, Female/Male
YOUTH (12U)	2010 and Later	12 years and younger	5-36 members, Female/Male
JUNIOR (14U)	2008 and Later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	6/01/04 and later	18 years and younger	5-36 members, Female/Male
LEVEL 2.2			
MINI (8U)	2014 and Later	8 years and younger	5-36 members, Female/Male
PEE WEE (10U)	2012 and Later	10 years and younger	5-36 members, Female/Male
YOUTH (12U)	2010 and Later	12 years and younger	5-36 members, Female/Male
JUNIOR (14U)	2008 and Later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	6/01/04 and later	18 years and younger	5-36 members, Female/Male
LEVEL 3.1			
PEE WEE (10U)	2012 and Later	10 years and younger	5-36 members, Female/Male
YOUTH (12U)	2010 and Later	12 years and younger	5-36 members, Female/Male
JUNIOR (14U)	2008 and Later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	6/01/04 and later	18 years and younger	5-36 members, Female/Male
LEVEL 3.2			
PEE WEE (10U)	2012 and Later	10 years and younger	5-36 members, Female/Male

YOUTH (12U)	2010 and Later	12 years and younger	5-36 members, Female/Male
JUNIOR (14U)	2008 and Later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	6/01/04 and later	18 years and younger	5-36 members, Female/Male
LEVEL 3.3			
PEE WEE (10U)	2012 and Later	10 years and younger	5-36 members, Female/Male
YOUTH (12U)	2010 and Later	12 years and younger	5-36 members, Female/Male
JUNIOR (14U)	2008 and Later	14 years and younger	5-36 members, Female/Male
SENIOR (18U)	6/01/04 and later	18 years and younger	5-36 members, Female/Male
CHEERABILITIES			
CHEERABILITIES	Any Age	Any Age	Unlimited members
EXHIBITION			
EXHIBITION	Any Age	Any Age	Unlimited members