

REC GAME DAY Division:

Program Requirements:

- The program must be affiliated with, report to, and be governed by an organization such as; YMCA, Boys and Girls Club, City/County Parks and Recreational Program, American Youth Cheer, Pop Warner Association, or other community run program not associated with All Star.
- Each team must cheer for a sport during the 2023-2024 cheer season.
- MAY NOT crossover to a Performance Division.
- MAY NOT have another team in Performance Recreation.

Routine Requirements:

- Routines **MUST** include a Cheer.
- Routine Max: 2:30 minutes
- No tosses allowed.
- Will follow USASF All Star Prep Cheer Rules

REC Game Day Divisions			
Division	Birth Year	Ages	# of Participants & Gender
LEVEL 1			
MINI (8U)	2014 and Later	8 years and younger	5-36 members, Female/Male
PEE WEE (10U)	2012 and Later	10 years and younger	5-36 members, Female/Male
YOUTH (12U)	2010 and Later	12 years and younger	5-36 members, Female/Male
JUNIOR (14U)	2008 and Later	14 years and younger	5-36 members, Female/Male
LEVEL 2			
JUNIOR (14U)	2008 and Later	14 years and younger	5-36 members, Female/Male
EXHIBITION			
EXHIBITION	Any Age	Any Age	Unlimited Members, Female/Male