

# Cheer Specialty Divisions Rules Book

SOLOS, DUOS, TRIOS, STUNT GROUPS,  
PARTNER STUNTS



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# General information

## **Individual Routines, Duos, Trios:**

- ▶ 1, (2)/(3) person, 1:30 maximum routine
- ▶ Tumbling only division available
- ▶ Performed to music and/or cheer section.
- ▶ Please see level restrictions on age divisions

## **Partner Stunt and Stunt Groups:**

- ▶ Partner stunt- 2 individuals plus one spotter, 1:30 maximum routine.
- ▶ Group Stunt- up to 5 total members, 1:30 maximum routine.
- ▶ Performed entirely to music.
- ▶ Only scored on stunts- no additional dance, motion section or tumbling is required nor will be scored.
- ▶ The only tumbling skills allowed are those required for transitional purposes or showcasing a stunt skill. (i.e.. A rewind is acceptable since it is a stunt skill. )